



# Tips for Summer Success

Summer 2016

A newsletter for Montana Summer Food Service Program Sponsors

## Summer at the Library

What pairs well with summer reading? Summer eating!

It's really all about the love of learning. Chances are you have a public library and kids who love to read in your community. Why not pair a trip to the library with a delicious meal?

Kids need enrichment and food in the summer to avoid summer learning loss. Let's make summer enrichment a one-stop shop for families.

Did you know 83 percent of Montana library meeting rooms, common areas, and outdoor areas are eligible to serve as open SFSP sites?

Libraries can use a meal to enhance [summer reading programs](#) and other fun, literacy-based activities.

Can't have a site at your library? No problem! Ask your librarian if the library can come to you. Mobile reading labs make a great SFSP site activity. Just think of the possibilities!

## Sponsor Spotlight: Gallatin Valley Food Bank

Check out our new SFSP promotional video! The video was created by Montana Dietetic Intern, Sara Jay, and highlights the Gallatin Valley Food Bank SFSP in Bozeman, Montana. Visit [opi.mt.gov/summerfood](http://opi.mt.gov/summerfood) to view the video.

Click Here  
to View



### Reminder

Sponsor and Site  
Agreements for Summer 2016 Open  
April 1 and Close May 25 (new) or  
June 15 (returning).

**Find a summer food site  
near you!**



## 2016 Reimbursement Rates

	Rural or Self Prep	Urban or Vended
Breakfast	2.1325	2.0925
Lunch/Supper	3.7450	3.6850
Snack	0.8875	0.8650

The Summer Food Service Program: Brought to You by the Montana Office of Public Instruction School Nutrition Programs.

## MTPECH Grants Available



Interested in grant funding? This grant cycle is only open to applications that focus on summer food programs and healthy, locally grown food. The grant deadline for this quarter is April 22. Organizations interested in applying for a grant, please find the application [HERE](#), or visit the MTPECH website at: [www.MTPECH.org](http://www.MTPECH.org).

Grant amount: \$250—\$1,000

Note: The grant criteria will change quarterly to focus on different steps in the [10-Step Plan](#), with all steps covered in a one year period.



# SciNation and SpectrUM Team Up with SFSP in Ronan

By: Jessie Herbert, SpectrUM

SciNation and the University of Montana spectrUM Discovery Area share a commitment to empowering and inspiring youth on the Flathead Indian Reservation about science, technology, engineering, and mathematics (STEM), higher education, and STEM careers. During the summer of 2015, funded by Montana No Kid Hungry, they hosted "Science Bytes" at five summer feeding sites on the Flathead Indian Reservation: Pablo, Ronan, Dixon, Polson, and Hot Springs. Additionally, they served the community of Elmo with a "pop-up" summer feeding program. Most sites included a one-day visit for three hours of science activities, including KEVA planks, stomp rockets, circuitry, wildlife skulls and furs, and health activities. At two of those sites, Pablo Elemen-

tary and Ronan Middle School, spectrUM and SciNation brought activities for a full week for three hours each day. Additionally, they provided a leave-behind curriculum trunk for the site supervisors in Pablo and Ronan, which included show-stopping science enrichment activities that could easily be implemented, such as stomp rockets, engineering activities, physics demonstrations, and health/neuroscience activities. This allowed the supervisors to continue to engage children throughout the rest of the summer meal program.



## 2016 USDA Policy Updates

Check out the new SFSP Policies by visiting: <http://www.fns.usda.gov/sfsp/policy>

- SFSP01-2016** Procuring Local Meat, Poultry, Game, and Eggs for Child Nutrition Programs
- SFP02-2016** Questions and Answers on the Transition to and Implementation of 2 CFR Part 200
- SFSP03-2016** Procurement Standards and Resource Management Requirements Related to Franchise Agreements
- SFSP04-2016** Local Agency Procurement Reviews: School Year 2015-2016
- SFSP05-2016** Meals Service Requirements in the Summer Meals Programs, with Q&As
- SFSP06-2016** Promoting Nutrition in Summer Meal Programs, with Best Practices
- SFSP07-2016** Local Food and Related Activities in Summer Meal Programs, with Q&As
- SFSP08-2016** Summer Food Service Program Q&As
- SFSP09-2016** Guidance on Competitive Procurement Standards for Program Operators
- SFSP10-2016** Disclosure Requirements for the Child Nutrition Programs
- SFSP11-2016** Food and Drug Administration Requirements for Vending Machines

Have a question on a SFSP Policy? Feel free to call OPI School Nutrition Programs at 406-444-2501 or email [edunklee@mt.gov](mailto:edunklee@mt.gov)

## SFSP Meal Patterns

### BREAKFAST

8 oz Fluid Milk

1/2 c Fruit and/or Vegetable

1 oz Grain

*Optional: 1 oz Meat/Meat Alt.*

### LUNCH/DINNER

8 oz Fluid Milk

3/4c Fruit and Vegetable

*(at least two different types)*

1 oz Grain

2 oz Meat/Meat Alternate

### SNACK

Choose 2 of 4 Components

8 oz Fluid Milk

3/4c Fruit or Vegetable

1 oz Grain

2 oz Meat/Meat Alternate

## 2016 SFSP Checklist

Tired of having to figure out all of the requirements for SFSP operation? Look no further than the SFSP Checklist. Deadlines and required documentation are outlined on the checklist. It is a clear and easy to use format.

You can find the checklist on the School Nutrition Programs SFSP website:

[opi.mt.gov/summerfood](http://opi.mt.gov/summerfood)

# Menus Made Easy

Running short on time? Need help finding new ideas to brighten your summer menus? Try some of the following resources!

## 4 Week SFSP Cycle Menu - Kansas

The Kansas SFSP Cycle Menu is here! New for 2016, the Kansas SFSP cycle menu resource includes four weeks of menus, production records, and recipes!



[http://www.kn-eat.org/SFSP/SFSP\\_Menus/SFSP\\_Resources\\_KS\\_Menus.htm](http://www.kn-eat.org/SFSP/SFSP_Menus/SFSP_Resources_KS_Menus.htm)

## Menus That Move - Ohio

Five week menu plan with recipes.

<http://education.ohio.gov/Topics/Other-Resources/Food-and-Nutrition/Resources-and-Tools-for-Food-and-Nutrition/Menus-that-Move>

## Now We're Cooking! - Minnesota

<http://www.health.state.mn.us/divs/hpcd/chp/cdr/nutrition/greattrays/pdfs/NowCooking.pdf>

## Sizzlin' School Lunches - Indiana

<http://www.doe.in.gov/sites/default/files/nutrition/sizzling-school-lunches-chef-cyndie.pdf>

# Equipment Grant Opportunity for School Districts

Fuel Up to Play 60 is pleased to offer School Nutrition Equipment Grants of up to \$5,000 in total value for the 2016-2017 School Year. The purpose of these grants is to assist school nutrition directors in the purchase of equipment that will enhance the long term implementation of their school breakfast and lunch programs. The application can be found by clicking on the link below. Please note: For this special equipment grant opportunity, the school still has to register with FUTP60 to apply for the grant, but they do not need to be a FUTP60 school or have a program advisor.

## For questions please contact:

Denise Zimmer, R.D.  
Fuel Up to Play 60, MT Consultant  
[cdzimmfive@yahoo.com](mailto:cdzimmfive@yahoo.com) or  
406-239-0078

## Eligibility Criteria:

- Must be a school or district located in the United States.
- Must operate the National School Lunch Program.
- School must include any grade K-12.

Apply Online by June 30, 2016:

[www.fueluptoplay60.com/funding/nutrition-equipment-grant](http://www.fueluptoplay60.com/funding/nutrition-equipment-grant)

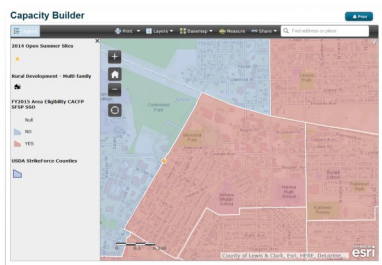


# Looking to Add a Site to Your Summer Program?

The USDA capacity building map lets you select various layers to help you plan a great summer food site location. You can see which areas qualify for a SFSP site based on census data and where there are already summer food sites in operation. You can search for a specific address or just zoom into an area of interest to see what resources/information is available.

The map has 24 different information layers from which to choose. These layers include:

- Area Eligibility
- Public School Locations
- School District Boundaries
- Museums
- Public Library Locations
- Congregations
- Existing Open SFSP Sites
- And more!



USDA Capacity Building Map

Check it out:

<http://www.fns.usda.gov/capacitybuilder>

Once you decide on a new site, be sure to submit your site information to the OPI for approval. You can find the New Site Request Form at:

[www.opi.mt.gov/summerfood](http://www.opi.mt.gov/summerfood)





*Featuring Chef Ann Cooper*

***Sprouting  
Success***

MONTANA FARM TO SCHOOL SUMMIT  
**SEPTEMBER 22-23, 2016**  
MONTANA STATE UNIVERSITY, BOZEMAN



## LEARN & CONNECT

Learn and share how Montana schools and programs are sprouting success through the core elements of farm to school--**serving local foods**, **growing school gardens**, and **providing nutrition, agriculture**, and **food education**.

### Thursday – September 22

12pm – 4pm: Pre-conference Workshops & Fieldtrips  
5:30pm – 8pm: Opening Dinner Reception, Montana Food Talks, and Producer Showcase

### Friday – September 23 | 8:00am – 3:30pm

Keynote by **Chef Ann Cooper**  
Panel of Montana Farm to School Champions  
Networking Luncheon  
Breakout Learning Session

SCHOOL FOOD SERVICE & PRODUCERS | FARM TO PRESCHOOL  
K-12 EDUCATION | SKILL BUILDING | SCHOOL GARDENS | HARVEST OF THE MONTH

## WHO

Hosted by **Montana Team Nutrition Program**, all individuals interested in farm to school are encouraged to attend including school food service, teachers, school administrators, food producers, parents, early child care and education, community members, and support organizations. Funding provided in part by a USDA Farm to School Grant and Team Nutrition Training Grant.

**Continuing education credits available.**

## REGISTER

Early Bird (by 6/30/16) \$40 | Regular \$50  
Pre-conference Session \$20  
[https://tofu.msu.montana.edu/cs/f2s\\_2016](https://tofu.msu.montana.edu/cs/f2s_2016)

Registration & Travel Scholarships Available  
**Apply during registration**

**More Information Contact**  
406.994.5996 | [aubree.roth@montana.edu](mailto:aubree.roth@montana.edu)

# MT No Kid Hungry

By: Danielle Anderson, MT No Kid Hungry

Montana No Kid Hungry connects kids to healthy food. Our mission is to end childhood hunger in Montana by ensuring all children get the healthy food they need every day. We accomplish this by using a three-pronged approach: 1) Improve food access by increasing participation in school breakfast, summer meals, and after-school meal programs. 2) Develop/improve resources for families, such as delivering nutrition education and cooking classes in a fun interactive way. 3) Raise awareness through increasing the visibility of this important issue, getting people involved, and engaging youth.

## Our Role in Summer Meals:

Montana No Kid Hungry does not operate any summer feeding sites. Our main role is supporting existing and new sponsors in increasing participation in the summer food service program. We have a variety of resources and ideas to offer assistance with outreach, activities, building volunteer networks, hosting events, offering incentives for participation, and providing funds for inventive strategies.

Starting in March, Montana No Kid Hungry began making telephone calls to all of the 2015 summer meal sponsors to learn about how your program did last year and what your plans are for this upcoming summer. These brief phone calls are also intended to serve as a resource for all sponsors to let each program know about all the resources that are currently available for their summer meals program. We love to hear sponsor feedback and ways that we can continue to help improve the efficiency of your program.

Last year, we funded three innovative projects that we believed would increase participation and allow sponsors to provide nutritious meals to more kids during the summer break. For more information and any questions, please contact Danielle Anderson at 406-444-5940 or [danderson3@mt.gov](mailto:danderson3@mt.gov)



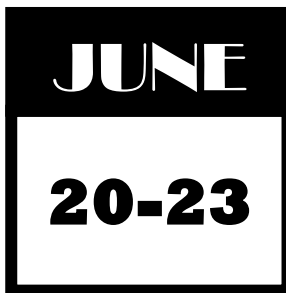
# Summer at a Glance

By: Tirza Azbell, Montana Food Bank Network

The Summer Food Service Program has been helping to ensure children get nutritious meals throughout the summer for four decades. SFSP in Montana has seen a steady growth in meals served over the past 10 years. This is in part due to the growth of sponsors and sites around the state. For 2015, there were four new sites, and meals increased by almost 30,000. Sponsors supported 196 sites around the state. While there is steady growth around the state, there is still room for the program to grow. Around the state, only 19 percent of students who regularly eat free or reduced price school lunch participate in SFSP. There are also 18 counties with no SFSP site in the entire county. For more data on Summer Food in Montana, check out the Montana Food Bank Network's SFSP reports at [www.mfbn.org/research](http://www.mfbn.org/research). If you have questions contact Tirza Asbell at 206-215-1771 or [tasbell@mfbn.org](mailto:tasbell@mfbn.org).



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Conference: June 20-23, 2016

Great Falls, MT

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# Statewide Press Release for SFSP Open Sites

# USDA Foods Orders: Summer 2016

OPI School Nutrition Programs will complete the annual public release requirement for all *open* sites in Montana in Summer 2016.

## What does this mean?

There is one less requirement for sponsors of open sites to complete.

Sponsors that operate enrolled or camp sites still need to complete the annual public release.

The public release showcases the Summer Food Map created by the Montana Food Bank Network. Please ensure all site information is up to date in CNPWeb so that the map pulls correct site meal times, locations, and days of the week.

Be on the look out for the order sheet for 2016 USDA Foods in the mail! USDA Foods are a great way to stretch your summer budget. Make sure to place your order by April 4, 2016. All orders will begin shipment on April 11, 2016.


Contact Tessa Bailly at 406-444-4412 or [tbailly@mt.gov](mailto:tbailly@mt.gov) for more information on ordering USDA Foods.

## Contact Us

**Call**  
406-444-2501

**E-Mail**  
[EDunklee@mt.gov](mailto:EDunklee@mt.gov)

**Visit**  
[opi.mt.gov/summerfood](http://opi.mt.gov/summerfood)

  
**opi.mt.gov**

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To request a copy of the complaint form, call 566-632-9992.

Submit your completed form or letter to USDA by:

(1) mail:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: 202-690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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